

FREC 3 RESPONSE KIT – STOCK CHECK SHEET (cABCDE)

Bag ID/Name:

Checked By:

Date:

Section	Item	Qty	Expiry / Run-Out	✓	
C – Catastrophic Haemorrhage	CAT Tourniquet (Orange)	1	—		
	Hemostatic Gauze/Dressing	1			
	4" Trauma Bandage	1			
	6" Trauma Bandage	1			
	Blast Bandage	1			
	Trauma Shears (Toughcut)	1	—		
A – Airway	Bag & Mask – Single Use (Adult)	1			
	Guedel Airways (Pack of 6)	1 pack	—		
	Nasopharyngeal Airway 6.0 mm	2			
	Nasopharyngeal Airway 7.0 mm	2			
	Nasopharyngeal Airway 8.0 mm	2			
	Lubricating Jelly Sachets	4			
	Disposable Suction Device	1			
	Resuscitation Face Shield	2			
B – Breathing	Chest Seal	1			
	Pulse Oximeter	1	—		
	Disposable Penlight (Pupil Gauge)	1	—		
C – Circulation (Non-Catastrophic)	Large Sterile Dressing	4			
	Medium Sterile Dressing	6			
	Sterile Finger Dressing	4			
	Sterile Eye Pad Dressing	4			
	Conforming Bandage	2			
	Microporous Tape 2.5 cm x 10 m	1			
	Microporous Tape 2.5 cm x 5 m	3			
	Washproof Plasters (Sterile)	100			
	Moist Cleansing Wipes	40			
	Triangular Bandage	4	—		
	Safety Pins (Assorted)	12	—		
	D – Disability	Ambu Perfit Ace Collar (Adjustable)	1	—	
		SAM Splint (Flatpack)	1	—	
Prometheus Pelvic Binder or SAM Sling		1	—		
E – Exposure / Environment / PPE	Thermarmour Emergency Thermal Blanket	1	—		
	Emergency Foil Blanket	3	—		
	Burn Dressing	2			
	Disposable Nitrile Gloves (Pairs)	12			
	Body Fluid Spill Kit	1			
	Quiklitter Disposable Stretcher	1			
Admin / Misc	First Aid Guidance Leaflet	1	—		
	Scissors (General)	1	—		

Monthly: Check expiry dates & batteries. After use: Replace consumables. 6-monthly: Full inventory & equipment check